

The Planes of Reality

by Hazrat Pir-o-Murshid Inayat Khan
and Pir Vilayat Inayat Khan

| Ascending Plane | Description | Inhabitants | Descending Plane | Character | Practices | “Magnetisms” | Element |
|------------------------|--|---|------------------|---|---|--------------|-------------------|
| Dhāt | The Absolute. Pure Intelligence | Pure essence beyond Qualities | Hāhūt | Beyond all Qualities | Āḥad, Āqīl, Hū | Spirit | Ether |
| Aḥadīyyat | The One | Abstract Sound (Saut-i Sarmad/ Shabd Nahd) Rays of Light | Lāhūt | Realms beyond “form,” timeless/ spaceless | Nūr, Quddūs, Ḥaqq. Qayyūm, Allāhu-Ākbar, Dhul-Jalāl-wal- Īkrām, Dhikr | Soul | |
| Wāḥdat Wāḥadanīyyat | Consciousness | Quddūs, Shaffāf, Majīd | | | | | |
| Ārwaḥ | Archangelic | Hayoth Archangels Templates of created things | Jabarūt | | Nūr, Qāhr, Qādr, Majīd, Khāliq, Kabīr, | Heart | |
| | Angelic | Cherubim Seraphim | Malakūt | | Hādī, Majīd, Wadūd, ‘Aẓīm | | |
| The Barzakh | | | | | | | |
| Khayāl/Mithāl | Collective mind. Astral Plane. | Djinn, Archetypes, Akashic Records, “channeled” entities, spirit guides, oracles. Ghosts. | Mithāl | Worlds of “form.” | ‘Alīm, Laṭīf, Khabīr, Muṣawwir | Mind | Fire Water |
| Insān | Physical | Physical bodies, physical objects | Ājsam | Solid objects, linear time | Laṭīf, Khabīr. Ḥayy, Wajīd, Mawjūd, Zāhir | Body | Earth |